

Mother's Information**Date: 22/08/2006****Details of Mother****Details of Father**

Name	: Saima Bibi	Name	: Ajijul Sk
Age	: 19	Age	: 22
Education	: Primary School (Class I to IV)	Education	: Primary School (Class I to IV)
Occupation	: House Wife	Occupation	: Tailor/Embroidery
Monthly Income	: 0 (INR)	Monthly Income	: 2500 (INR)
No of Family Members	: 9	Total Monthly Income	: 2900 (INR)

Pregnancy History

Parity	: 0	Living children	: 0
Male	: 0	Female	: 0
Last Menstruation Periods	: 12/06/2006	Expected Date Of Delivery	: 19/03/2007

Remarks:

Saima Bibi has no pregnancy related problems. However, she feels very weak. Saima Bibi and Ajijul Sk didn't plan to have a child so early. However, they will welcome the new born with enthusiasm. After meeting with the CINI health worker Saima Bibi has improved her food habits. She has been advised to take local low cost nutritious food, such as pulses, green vegetable and rice. She has also been asked to consume sufficient water to deliver a healthy baby. She was unaware about the existence and well functioning of the government health sub-centre in the area she belongs. However, CINI health-worker advised her to register her name with the local health sub-centre so that she gets proper antenatal checkups and avail all facilities like getting Tetanus Toxide doses and iron tablets.

New Born Information**Date: 23/05/2007**

Child Name	: Saharul Sk.	Sex	: Male
Place of Delivery	: Institutional	Type of Delivery	: Normal
Birth weight(Kg)	: 2.8	Date of Birth	: 22/03/2007
Whether Breastfed	: Yes	Condition of mother	: Normal

Remarks:

Saima Bibi and Ajijul Sk are very happy to have delivered a healthy baby and she has started to exclusively breastfeed from day one. After the delivery, Saima Bibi went to spent some months at her parents home where the CINI health workers couldn't contact her. That's why they had to wait for her coming back to fill the report. The entire family rejoiced at the birth of Saharul Sk. and visited the parents to meet the baby.

Child Information at 1.5 year**Date: 16/10/2008**

Immunisation	: Yes	Weight(Kg)	: 9.3
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Remarks:

Saharul Sk. is a very friendly child, who loves talking and learns the new words taught to him. Saharul Sk. has been breastfed by his mother until the age of 18 months and eats now rice, fish, meat, eggs, legumes and fruits along with his mother's milk. CINI's health workers recommended to the parents to continue to go to CINI's clinic to monitor the growth of the child. CINI's health workers recommended to the parents to continue to ensure adequate education to Saharul Sk.. Saharul Sk. has completed the immunization uptodate and he is healthy at present.

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